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Research Paper...

EFFECTIVENESS OF EDUCATIONAL PROGRAM ON HUSBAND'S SUPPORT DURING LABOUR AMONG HUSBANDS OF PARTURIENT IN FIRST STAGE OF LABOUR AT SELECTED HOSPITALS OF INDORE

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Abstract

Husband can give important psychological and emotional support to the wife during her pregnancy and child birth. This, in turn, can reduce pain, panic and exhaustion during delivery. Therefore, an experimental study was conducted to determine the effectiveness of Educational Program on "Husband's support during labour", among husbands of parturient in first stage of labour at selected hospitals of Indore. The sample comprised of 30 husbands (15 in experimental group and 15 in control group) who were selected through random sampling (lottery method). Observational checklist for assessing the Response of the Husband during labour was used and Perceived Husband's Support by wives was taken at anytime within the first 2 postpartum days. The comparison between groups showed that there was statistically significant difference, $t=11.88$ at the level $p \leq 0.001$ in the Response of Husband during labour among experimental and control group. Also, there was statistically significant difference, $t=13.366$ at the level $p \leq 0.001$ in Perceived Husband's Support by wives among experimental and control group. Thus, Educational Program was found effective in bringing a statistically significant difference in the Response of Husband during labour and Perceived Husband Support by wives. Hence, it is recommended to involve the husbands in the care of their wives and prepare them during antenatal period with regard to pregnancy and child birth, especially being a support during labour.

Key Words: Educational Program, husband's support, first stage of labour, parturient.

Background

Men can give important psychological and emotional support to the women during pregnancy and delivery. This, in turn, can reduce pain, panic and exhaustion during delivery. Studies have also shown that men's involvement in Maternal and Child Health Programmes can reduce maternal and child mortality during pregnancy and labor by being prepared. Men's transition to fatherhood is associated with more positive feelings about themselves that are manifested in greater self-confidence and self-worth and increased empathy with others. Fatherhood also brings a purpose and structure to their live's work and family life. **WHO (2007)**¹

There was a time when the husband's role in labour and

childbirth was delegated to the hospital's waiting room. The scene was one of an anxious father pacing the floor with a cigar in his mouth. He was out of the loop. He was clueless and powerless. His wife was left to labour and birthing by herself. Birth was turned into a medical event. Times have changed and even in the hospital circles, more husbands are involved in the birth of their babies. In the home birth realm, the husband usually plays a vital role in the birthing process. Husbands are encouraged and often looked to as the main support during childbirth these days. **(Robert A Bradley, 2011)**²

Need of the study and Review of Literature:

Many women find it soothing to have someone assist them during their pregnancies, making it more common for a woman's male partner to support her both before and